

# more

40 days of experiencing  
more of the Spirit

# #1

*These questions have been written for personal reflection and group discussion to accompany Chapters 1-2 of the book MORE, in conjunction with the following message by Alan Kraft ...*

## ***The Essential Ingredient to Experiencing More of the Spirit*** **John 7:37-39**

*Please take the time to review your notes from the message and respond to the following questions before going to your group.*



### **Breaking the Ice**

If this is your first time being together as a group, appoint a time-keeper and give each person 89 seconds to introduce themselves and tell how they're feeling about the next 40 days of experiencing the Holy Spirit together.

What words come to mind when you think about the Holy Spirit? Take a minute to write some of them down in the space below and share them with others in your group.

In the message, Alan Kraft said, *“Experiencing the Spirit is normal Christianity. The Christian life was designed to be lived in the power and fullness of the Spirit. To try to do it any other way is to miss out on something huge. One of the main reasons I wrote the book More was because of the number of Christians who long to experience more of the Spirit but are also a bit hesitant for fear of things getting weird. I wanted people to realize that you can go deeper in the Spirit without going off the deep end.”*

What's your response to the statement that “experiencing the Spirit is normal Christianity,” and why?

How have churches or people you've associated with to-date tended to respond to the person and ministry of the Holy Spirit?

To what degree do you think this has influenced your current openness to the Holy Spirit, especially if you've perceived it to be “weird” or non-existent?



***Briefly, in just a couple of minutes ...***

Looking back at your notes from this message, was there anything that particularly caught your attention, challenged or spoke to you personally? Did it raise any questions or create any push-back for you?

If you read chapters 1-2 in the book More, how did your reading complement and deepen your understanding of this week's theme?



**Exploring God's Word**

***Don't feel pressured to answer every question.***

Read aloud John 7:37-39. What thoughts and truths stand out that perhaps you haven't seen before, or connected with you in a fresh way?

Describe a time when you've been thirsty for more of God's presence and power in your life. What created this thirst, and how did you go about quenching it?

Consider Paul's words in 2 Corinthians 12:7-10, and any observations about this passage of Scripture.

What's the relationship between our weakness and God's Spirit?

Share an example from your life in which personal weakness impacted your experience with the Spirit.

How about now ... where do you feel most weak and vulnerable, sensing the need to experience God and His Holy Spirit more fully?

Explore and read aloud Luke 11:9-13.

Why are we encouraged to "ask, seek, and knock?"

When you're feeling weak and vulnerable, how earnestly do you seek the Spirit in these areas?

What tends to keep you from asking, seeking, and knocking for more of the Spirit at times like these?



## Making It Real

Which of the following statements best describes your current relationship with the Holy Spirit? Explain.

- Who is the Holy Spirit? ... *the name is familiar, but that's pretty much it.*
- A friend of a friend ... *I experience Him second-hand through someone I know.*
- A casual acquaintance ... *a vague part of my relationship with God.*
- A relatively new friend ... *I'm getting to know Him better.*
- My "Spiritual 911" ... *I call on Him in an emergency, but not a lot more.*
- A very good friend ... *an active part of my daily life — we connect regularly.*
- My power for living ... *I couldn't imagine facing a single day without Him.*
- Other: \_\_\_\_\_.

In what ways would you like your relationship with the Holy Spirit to grow over the next 40 days?



## Prayer and Group Support

In advance of praying for specific requests, invite someone to read aloud Jesus' words in Luke 11:9-13 taking time to pray for one another, asking the Father for more of the Holy Spirit in your life and in the life of your group over the next 40 days.